

# Your Doctor Ordered the PreTRM<sup>®</sup> Test

## What Is Preterm Birth?

A premature birth, also called a preterm birth, occurs when a baby arrives three or more weeks early – or at less than 37 weeks of gestation. While not all babies born early face complications, those who are born earlier generally have more severe complications than those born closer to term. Until recently, doctors had limited ways to predict which pregnancies may be at risk of delivering early. Today, the PreTRM<sup>®</sup> Test can provide important information to help predict that risk.

## What is the PreTRM<sup>®</sup> Test?

The PreTRM Test is an innovative blood test that your doctor can order during weeks 19 or 20 of your pregnancy. The test measures proteins in the blood that can indicate if you are at higher risk of delivering early. The report sent to your doctor will provide information on your individual risk for premature delivery, so you can work together to adjust your treatment plans accordingly.

## What to Expect Next

- 1 SCHEDULE YOUR APPOINTMENT.** Now that your doctor ordered the PreTRM Test, Sera Prognostics (the lab performing the test) will contact you via phone/text (from the number 801-990-6600) within a few business days. It is important to take the call or respond to the text so they can help you schedule your appointment to get your blood drawn.
- 2 BLOOD DRAW.** The blood sample for the PreTRM Test must be drawn during a certain time window in your pregnancy. The window for you is between \_\_\_\_\_ and \_\_\_\_\_.  
(blood draw between 19wk/1d-20wk/6d (134-146 days) gestation)
- 3 REVIEW RESULTS.** Once your blood sample arrives at the laboratory, your results will be sent to your healthcare provider in an average of 7 business days. Your healthcare provider will communicate your results to you.



### QUESTIONS?

If you have questions about the PreTRM Test please call or text Customer Support at

**801-990-6600**

If you have questions, contact us at (801) 990-6600

**NOTE:** this is a specialty test that is sent out to Sera Prognostics for processing. The PreTRM Test requires a separate blood draw.

# PreTRM<sup>®</sup> Test Affordability

Sera Prognostics believes all mothers and their doctors should have access to critical information about the risk of preterm delivery. Early and accurate risk prediction for preterm birth leads to healthier babies, and it shouldn't be limited by the cost of testing. That is why we are committed to making the PreTRM<sup>®</sup> Test affordable for all, whether or not you have health insurance.

## Is the PreTRM<sup>®</sup> Test Paid by Insurance?

Sera is actively working with health plans to provide coverage and payment for the PreTRM Test. Some health plans, such as Anthem, currently pay for the PreTRM Test for eligible members. We are working to educate other plans on the importance of covering and paying for this innovative test. With your consent, Sera will work directly with your plan to seek coverage and pursue appeals if needed.

## Will I have any Out-Of-Pocket Costs?

Most health benefit plans have some cost-sharing, like coinsurance or deductibles. After the test is run, Sera will submit a claim to your insurance plan. Your insurance plan may send you an explanation of benefits (EOB) but an EOB is not a bill. The Sera Patient Assistance Team will contact you before sending you a bill to explain what you may owe for the test. Sera has many options available to help you afford your test. If you have any questions about your EOB or what you may owe for the PreTRM Test, please contact the Patient Assistance Team.

## Is Financial Assistance Available?

Sera offers Out-Of-Pocket Cost Assistance for qualifying patients. Our program offers reduced testing costs to patients in the U.S. who meet income criteria. Both insured and uninsured patients can qualify for Sera's Financial Assistance Program.

## Is a Payment Plan Available?

Yes. Sera offers a prompt pay discount and interest-free monthly payment plan options.

### The Sera Patient Access Team is here to help.

If you would like assistance reviewing an Explanation of Benefits (EOB) from your health plan or if you have any other questions regarding the affordability of the PreTRM Test, please contact us.

**Call:** (800) 291-1046 **Email:** [billing@pretrmaccess.com](mailto:billing@pretrmaccess.com)